

BIGGS HIGH SCHOOL BREAKFAST MENU:

MONDAY: YOU MUST TAKE AN ENTRÉE AND A FRUIT

- 1) **SAUSAGE, EGG & CHEESE BISCUIT SANDWICH**
 - 2) **PILLSBURY CHERRY OR APPLE STRUDEL**
 - 3) **YOGURT & a CEREAL BAR**
 - 4) **CEREAL & STRING CHEESE**
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TUESDAY: YOU MUST TAKE AN ENTRÉE AND A FRUIT

- 1) **BAGEL w/cream cheese**
- 2) **MINI FRENCH TOAST**
- 3) **YOGURT & a CEREAL BAR**
- 4) **CEREAL & STRING CHEESE**

WEDNESDAY: YOU MUST TAKE AN ENTREE AND A FRUIT

- 1) **CINNAMON ROLL**
 - 2) **FRUITY CHEERIOS BAR & YOGURT**
 - 3) **PANCAKE WRAPPED SAUSAGE on a STICK**
 - 4) **CEREAL & STRING CHEESE** **Fresh fruit salad also available**
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THURSDAY: YOU MUST TAKE AN ENTRÉE AND A FRUIT

- 1) **HONEY BUNS**
 - 2) **BREAKFAST BURRITO**
 - 3) **YOGURT & a CEREAL BAR**
 - 4) **CEREAL & STRING CHEESE**
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FRIDAY: YOU MUST TAKE AN ENTRÉE AND A FRUIT

- 1) **BREAKFAST PIZZA**
 - 2) **FRUITY CHEERIOS BAR & YOGURT**
 - 3) **BLUEBERRY PANCKAKES**
 - 4) **CEREAL & STRING CHEESE** **Fresh fruit salad also available**
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**Y O U M U S T S E L E C T 1 E N T R É E
A N D 1 F R U I T**

**FRUIT CHOICE DAILY: FRESH FRUIT OR FRUIT CUP
(JUICE OFFERED ON TUES. & WED.)**

LOW FAT MILK & FAT FREE CHOCOLATE MILK OFFERED DAILY