

# BIGGS HIGH SCHOOL BREAKFAST MENU:

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MONDAY: YOU MUST TAKE AN ENTRÉE AND A FRUIT

- 1) **SAUSAGE, EGG & CHEESE BISCUIT SANDWICH**
  - 2) **APPLE BITE DONUT HOLES**
  - 3) **YOGURT & a CEREAL BAR**
  - 4) **CEREAL & STRING CHEESE**
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TUESDAY: YOU MUST TAKE AN ENTRÉE AND A FRUIT

- 1) **BAGEL w/cream cheese**
- 2) **MINI PANCAKES**
- 3) **YOGURT & a CEREAL BAR**
- 4) **CEREAL & STRING CHEESE**

WEDNESDAY: YOU MUST TAKE AN ENTREE AND A FRUIT

- 1) **CINNAMON ROLL**
  - 2) **CEREAL BAR & YOGURT**
  - 3) **PANCAKE WRAPPED SAUSAGE on a STICK**
  - 4) **CEREAL & STRING CHEESE** **Fresh fruit salad also available**
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THURSDAY: YOU MUST TAKE AN ENTRÉE AND A FRUIT

- 1) **HONEY BUNS**
  - 2) **BREAKFAST BURRITO**
  - 3) **YOGURT & a CEREAL BAR**
  - 4) **CEREAL & STRING CHEESE**
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FRIDAY: YOU MUST TAKE AN ENTRÉE AND A FRUIT

- 1) **BREAKFAST PIZZA**
  - 2) **CEREAL BAR & YOGURT**
  - 3) **MUFFIN**
  - 4) **CEREAL & STRING CHEESE** **Fresh fruit salad also available**
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**YOU MUST SELECT 1 ENTRÉE AND 1 FRUIT**

FRUIT CHOICE DAILY: FRESH FRUIT OR FRUIT CUP  
(JUICE OFFERED ON TUES. & WED.)

**LOW FAT MILK, LOW FAT CHOCOLATE MILK OR LOW FAT STRAWBERRY MILK OFFERED DAILY**